

# NATIONAL STRENGTH AND CONDITIONING ASSOCIATION

*hereby certifies that*

*Lucia Lavena Val*

*has earned the designation of NSCA Certified Personal Trainer®  
as defined by the NSCA Certification Committee.*

7348517314

CERTIFICATION NUMBER




Brent A. Alvar, PhD, CSCS,\*D, TSAC-F, FNSCA  
NSCA BOARD PRESIDENT

20 de noviembre de 2023

DATE OF CERTIFICATION





Tony Soika, MS, CSCS,\*D, TSAC-F,\*D, RSCC  
NSCA CERTIFICATION COMMITTEE CHAIR

31 de diciembre de 2026

CERTIFICATION EXPIRATION DATE

*The CSCS, NSCA-CPT and TSAC-F certifications  
are accredited by the National Commission  
for Certifying Agencies.*

